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Training Sides for Elite Actors and Studios

INT. DR. BROWN'S OFFICE - 2:55PM

FRANKIE and JESSIE sit in two posh chairs. Their behaviors couldn't be more opposite. An ivy-league therapist, DR. BROWN continues their deep dive.

DR. BROWN
Your *emotional triggers* say a lot about you, Frankie.

JESSIE
(butting in the conversation again)
Thank you!

FRANKIE
Well, *that* triggered me.

JESSIE
(sotto)
So dramatic.

DR. BROWN
Jessie, you've had your time, now share the space with your partner.

Jessie quickly adjusts.

DR. BROWN (CONT'D)
(to Frankie)
Go on.

Frankie gulps.

FRANKIE
For the record, I don't mind being here.

JESSIE
I feel like you're dodging again, right?

FRANKIE
That! That's what I'm really wanting to talk about! We pay \$100 per session and yet we don't do anything you suggest when we get home.

JESSIE
That's not true--

DR. BROWN
--Jessie. Let Frankie speak.

FRANKIE

You share these powerful,
insightful ideas, and yet, they get
tossed out the window on the drive
home.

Dr. Brown pivots to Jessie.

DR. BROWN

Is there any truth to that?

JESSIE

I guess.

DR. BROWN

Tell me.

JESSIE

We do uncover a lot here. But I
feel like tossing them out the
window because I sense so much
resentment from you on the drive
home.

FRANKIE

I am very tense on the drive home.
Mostly because I'm looking at the
real issues in me, and sometimes, I
don't like what I see.

DR. BROWN

And your body reacts to that
dislike?

FRANKIE

Yes.

JESSIE

Why didn't you tell me that you're
just processing things internally?

FRANKIE

I can do that--moving forward.

DR. BROWN

Just so you both are aware, we only
have 90 seconds left. I want us to
stay honest with our time.

Both Jessie and Frankie look at each other. They both sigh.

JESSIE

I guess we'll just pick this up
next week?